## WHAT WE KNOW:

- Universal masking has proven to be an effective strategy to reduce community spread of COVID-19
- Vaccination significantly reduces one's chance of becoming critically ill or dying from COVID-19



## **WHAT'S NEW:**

- Delta variant is more than 2x as transmissible as the original strain
- Delta variant is causing large, rapid increases in infections that are compromising the capacity of healthcare systems
- While vaccination reduces one's chance of becoming infected with COVID-19, those who do become infected with the Delta variant despite being fully vaccinated are at risk of transmitting it to others
- Vaccinated individuals who do become infected with the Delta variant have similar viral loads as unvaccinated individuals who become infected



## **HOW TO STAY SAFE DURING COVID PANDEMIC:**

- If you can do an activity outdoors instead of indoors, do it outdoors
- Follow good hygiene practices
- Stay away from crowded settings
- Work virtually if possible
- If you suspect you have been exposed to COVID-19, get tested immediately
- If you're in an at-risk group, be extra careful

